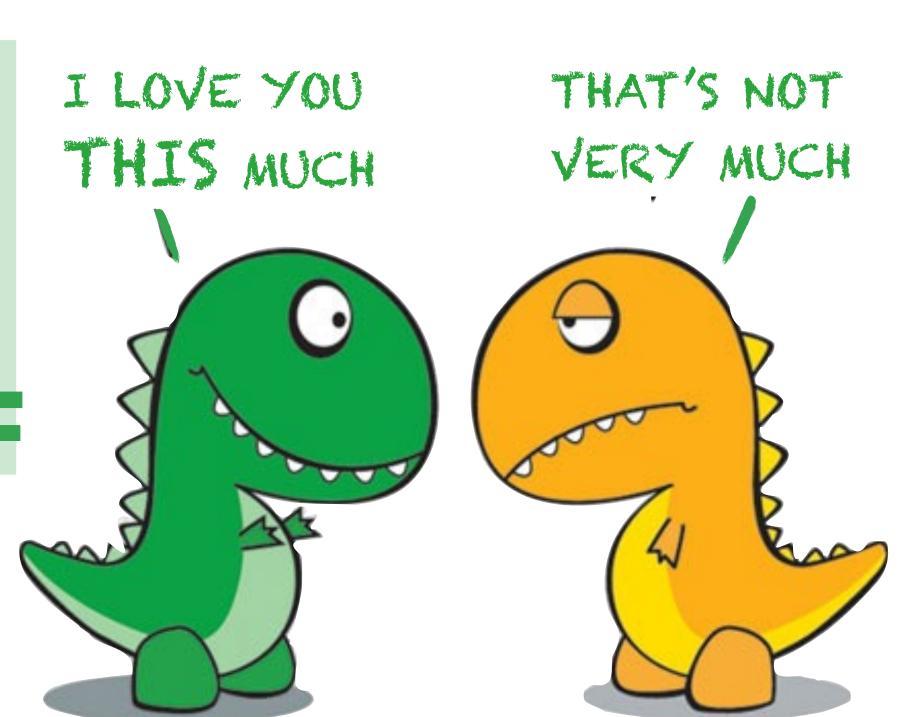




ALLOW YOURSELF
SOME SPACE



YOU LOOK LIKE A T-REX WHEN YOU PRESS YOUR ELBOWS AGAINST YOUR BODY



CHECK OUT MICROSOFT'S STEVE BALLMER MAKING HIS WAY TO THE STAGE





A USEFUL WEBPAGE IS ALSO AVAILABLE ON THIS SUBJECT:

'WHAT THE HECK DO I DO WITH MY HANDS'



BE VIGOROUS & ENERGETIC

- MAKE SURE YOU SHOW COMMITMENT, INTEREST AND ENTHUSIASM
- SO BOOST YOUR ENERGY LEVEL
- IT FORMS A SOLID BASIS FOR A SUCCESSFUL PRESENTATION

CHECK OUT THIS ECONOMY TEACHER



ALWAYS BE WELL PREPARED

- SOUND RESEARCH IS NEEDED TO PROPERLY SUBSTANTIATE YOUR CONTENT
- START YOUR PREPARATION IN TIME (!)
- GOOD IDEAS AND INSPIRATION? SLEEP ON IT!
- A SOLID Q&A LIST IS IMPROVABLE
- CREATE MULTIPLE VERSIONS OF YOUR PRESENTATION, REQUEST FEEDBACK AND CHOOSE THE BEST



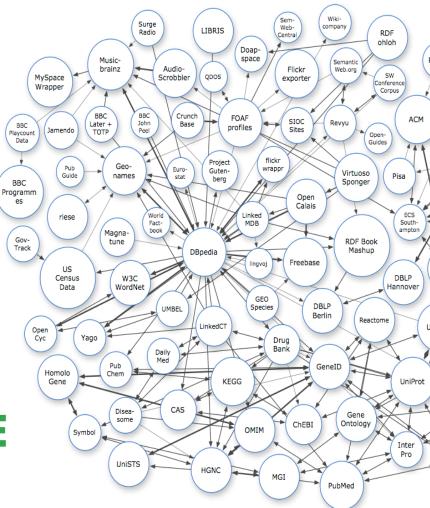
REHEARSAL REHEARSAL REHEARSAL

- INVOLVE COLLEAGUES AND / OR FRIENDS IN YOUR REHEARSALS
- BE OPEN TO FEEDBACK THIS IS SOMETIMES PAINFUL AND DIFFICULT!
- GO THROUGH THE "CHOREOGRAPHY" OF YOUR PRESENTATION
- PAY EXTRA ATTENTION TO DIFFICULT MOMENTS IN YOUR PRESENTATION
- ALSO PRACTICE YOUR PRESENTATION IN COMBINATION WITH YOUR SLIDES



PLEASE TELL A TRUE STORY

- FACTS & FIGURES FORM THE BASIS, YOUR STORY IS THE MESSAGE
- TRANSFORM DATA INTO SOMETHING THAT'S SUITABLE FOR HUMAN CONSUMPTION
- YOU NEED THE "SOFT SIDE" OF YOUR PRESENTATION TO INDICATE THE "HARD SIDE."





DO NOT PLAY IT SAFE

- SAFELY CHOSEN CONTENT WILL IN MANY CASES BE EXTREMELY BORING
- YOU STRIVE FOR ATTENTION AND UNDERSTANDING, AVOIDING RISKS IS NOT PART OF

TAKING NO RISK IS THE GREATEST RISK OF ALL!



BE VULNERABLE

- TRY TO STAY AS CLOSE AS POSSIBLE TO YOURSELF UNDER ALL CIRCUMSTANCES
- YOUR AUDIENCE SEES YOU THROUGH FASTER THAN YOU THINK
- TELL ABOUT MISTAKES YOU MADE AND WHAT YOU LEARNED FROM THOSE MISTAKES

PLEASE HAVE A LOOK AT BRENÉ BROWN TED TALK ON 'THE POWER OF VULNERABILITY'



DON'T TAKE YOURSELF SO SERIOUSLY

- YOU HAVE TO SEDUCE YOUR AUDIENCE TO WANT TO SPEND TIME WITH YOU
- THAT WILL NOT WORK IF YOU ARE RIGID & FORMAL
- WITH AN INFORMAL ATTITUDE YOU PREVENT YOURSELF FROM BEING PLACED ON A PEDESTAL

'IF YOU'RE NOT HAVING FUN, YOU'RE NOT DOING IT RIGHT'



DO NOT OVERDO IT

- YOUR PRESENTATION TAKES IN REAL TIME AN AVERAGE OF 25% LONGER THAN YOU HAVE PLANNED IN ADVANCE
- DO NOT FALL INTO THE TRAP OF COMPREHENSIVELY RESPONDING TO RESPONSES FROM THE AUDIENCE
- THINK IN ADVANCE WHICH PARTS OF YOUR PRESENTATION YOU COULD DELETE IF YOU RUN OUT OF TIME



TAKE IT EASY

- WHEN YOU ARE CALM, YOU CONVEY THAT FEELING TO YOUR AUDIENCE
- IF YOU ARE IN A HURRY, IT WILL BE AT THE EXPENSE OF THE POWER OF YOUR MESSAGE
- IF YOU ARE CALM, THEN YOU FORMULATE BETTER. OR DON'T YOU?

S-L-O-W-D-O-W-N!



PLEASE SEND ME YOUR TIPS & TRICKS



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